



Cascadia District Lay Leader

2016-2020

Paula Sadler

Paula was born in Guatemala City when her dad was working in the US embassy there. However, her parents returned to the states shortly after her birth. So she grew up in San Jose, California. She attended Almaden Hills UMC where she was baptized, received her first Bible and was confirmed.

Paula married her husband, James, in the Gilroy United Methodist Church, in the community where her parents lived, but they returned to Almaden Hills after their marriage since they lived in San Jose.

James and Paula have one son, Cameron, who is currently attending Oregon State University studying to be a bio-engineer.

Over the years Paula has served on or chaired the administrative council, finance, Staff- Parish, and the local version of the Church and Society committees, served as member to Annual Conference (in both California-Nevada and Oregon-Idaho), taught adult and children's Sunday school and Vacation Bible School, and sung in the choir in her local church. She was part of the team that shepherded Almaden Hills through the process of becoming a reconciling congregation and implementing that commitment to inclusion for all.

Paula has served United Methodist Women as Mission Coordinator for Social Action at the local, district and conference levels. She has also served as president, treasurer, and secretary in her local unit. She was elected Treasurer of the Western Jurisdiction of United Methodist Women in April (2016).

Paula's path to becoming a lay servant had two key steps: taking Disciple I and being asked to lead worship on Laity Sunday. With this foundation, she took basic and advanced lay speaking courses. She has been blessed with opportunities to lead worship in her home church and several other churches in the Oregon-Idaho Conference.

She completed her bachelor's degree in accounting at San Jose State University. Her accounting skills have been used (on a volunteer basis) to provide audits, treasurer, budgeting, financial analysis and general accounting services for the church and United Methodist Women.

Paula and her family moved to Tigard in 2003 when her husband got a job with FEI, a high-tech manufacturer of electron scanning microscopes.

Paula and her family are active members of Tigard United Methodist Church and support its Bethlehem House of Bread food pantry, where she provides finance and accounting services.