

# Kenya Mission Team 2023



**Dates:** July 27–August 16 (dates could change slightly if we can arrange leaving July 23)

**Projected Schedule, subject to change:**

- Spend one night in Nairobi upon arrival Friday, July 28
- Drive to Maua on Saturday, July 29 and stay one week working with Maua Methodist Hospital (MMH)
  - ▶ Build relationships with MMH staff and locals
  - ▶ Build Aids Orphans House
  - ▶ Support and participate in Medical Camp with MMH staff
  - ▶ Visit and support Nkanga Primary School and other various schools for vulnerable children
  - ▶ Work on needed projects at MMH
- Leave Maua for other mission opportunities on Saturday, August 6
  - ▶ Bio-intensive Training Center
  - ▶ Maturu Primary School and the Maasai Mission
  - ▶ Medical Camp
  - ▶ Methodist Treatment Center, with Bishop Catherine Mutua
  - ▶ Kingdom Builders Center, with Daniel Kibe
  - ▶ Safari
  - ▶ Nairobi—MFSA Kenya, with Rev. Sammy Kagwi

**Estimated Costs (2019 costs):**

- Personal—\$3400
  - ▶ \$1900+ (airline tickets, travel insurance, Visa, team shirts, travel medicine)
  - ▶ \$1500 (safari)
- Team—\$3500 per person (this covers all project costs, most in-country travel, meals and lodging, tips; earned through fundraising)

**Travel Medicines/vaccines suggested:** COVID-19, Hepatitis A & B, Typhoid, Tetanus, Yellow Fever, Antimalarial Medication

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## Learn more ...

### Maua Methodist Hospital

[Facebook](#)

[Friends of Maua Hospital](#)

[Friends of Maua Hospital on Facebook](#)

[Maua Methodist Hospital](#) (2015), video

[Overview](#) (2016), video



### Watoto wa Ahadi Rescue Center

[Video](#) (2018)

[Oregon-Idaho Kenya Missions on Facebook](#)

### Location

Maua is situated 300 kms (about 7 hours) northeast of Nairobi, just beyond the Equator, in the Nyambene Hills that form the northeastern boundary of the Central Highlands. Rainy seasons are generally from October to December and March to May. Due to the 5,700-ft. altitude, it is never too hot. It can be rather chilly at night in June and July.

[Google Map](#)



### Suggested Readings and Viewings

#### BOOKS

[WHEN HELPING HURTS](#) How to Alleviate Poverty without Hurting the Poor...and Yourself by S. Corbett & B. Fikkert

[A MISSION JOURNEY](#) a Handbook for Volunteers

[UNBOWED: A Memoir](#) by Wangari Maathai

[CULTURE AND CUSTOMS OF KENYA](#) by N.W. Sobania & N. Sobania

[FACING MOUNT KENYA](#) by Jomo Kenyatta

[FLAME TREES OF THIKA](#) by E. Huxley

[THINGS FALL APART](#) by Chinua Achebe

#### DOCUMENTARIES, MOVIES

National Geographic specials on East Africa

[“Out of Africa”](#)

[“The First Grader”](#)—the story of an 84 year-old Kenyan villager and ex Mau Mau veteran who fights for his right to go to school for the first time.

