



# CASCADIA SPIRIT

Cascadia District United Methodist Women

November 2019

## ***PRESIDENT'S MESSAGE***

There's a lot to be done as we wrap up another year in United Methodist Women. There's an end of year checklist to complete:

- Submit your Healthy Vital Unit forms
- Submit your Reading Program forms
- Send in your pledges, donations, and extra mile giving to our treasurer
- Start planning for a new year of events and new unit officers

Soon the stockings will be hung by the chimney, trees will be glimmering with bright lights, and we will be rushing about to get our Christmas shopping completed. There's so much to do. Amid the Christmas and end of year chaos, remember to take a moment to be still. "Be still and know that I am God" (Psalms 46:10). Take a moment to breathe in and breathe out. "Be still before the Lord, all mankind" (Zechariah 2:13). Take a moment to reflect on the meaning of the Christmas season, reflect on the baby Christ in the manger, reflect on the true gift of Christmas.

Submitted by Penny Hodge, District President

## **QUILTS FOR CHILDREN**

The Oregon-Idaho Conference of United Methodist is joining the Pacific Northwest and Alaska Conferences in a project to make quilts for "Children at Risk". The goal for our conference is 160, 40 from each district.

All the quilts will be taken to the combined Annual Conference (Pacific Northwest, Oregon-Idaho, and Alaska) in 2020 in Puyallup. The quilts will then be divided among the districts for distribution to agencies benefiting/working with children.

The blankets can be quilted, knitted, crocheted or made from fleece. Suggested dimensions for the finished quilts are:

45" x 45"

45" x 60"

or, 56" x 84" for a twin size bed.

## **SOCIAL ACTION**

The United Methodist Women Oregon Idaho organization decided that because there are four areas of concern named by the national organization, each district would be assigned one of the four areas on which to focus. Cascadia District was assigned "Mass Incarceration of Communities of Color" with an emphasis on "School to Prison Pipeline". At the last district leadership meeting it was decided that the Cascadia District could better address the concerns, "Climate Justice". Although the concerns about Mass Incarceration, especially of communities of culture is important, the leadership team thinks that we are able to be more effective in this district addressing climate change.

On November 4 there was a press release from national leaders of United Methodist Women in which they decried the decision to withdraw from the Paris Climate Accord. That article can be found in the Methodist newsletter of November 4. A program activity for local units may be to review the Paris Climate Accord to learn about the document on the basis of the national leaders' statement.

"Rethinking Incarceration" is a curriculum that is being developed with videos to accompany the book of the same name. If a local unit has some interest in continuing to pursue this topic, further information may be obtained by contacting Rev. Leroy Barber whose email address can be found on the [umoi.org](http://umoi.org)

Submitted by Jane Storey, Social Action Coordinator

## ***Treasurer's Report***

It seems we were just saying Happy New Year and now it's the middle of November. For me as treasurer, the year revolves around numbers but what do those numbers mean? MISSIONS of course, well the work we do locally to globally and the mission work of United Methodist Women will continue with or without us. I believe it will be better with us. So, how did we do so far in 2019? Not too bad but we will definitely need to pick it up before December 12<sup>th</sup>.

To date (November 15) seventeen local units have contributed the following:

|                                  |                |
|----------------------------------|----------------|
| Pledge                           | \$17,157.25    |
| Special Mission Recognition Pins | 480.00         |
| Gift to Mission                  | 85.00          |
| Gift in Memory                   | 410.00         |
| World Thank Offering             | 274.70         |
| <u>Other Giving</u>              | <u>1027.05</u> |
| Total to date                    | \$19,434.00    |
| Pledged for 2019                 | \$33,900.00    |

The push is on to make up the difference, \$14,466, before December 12<sup>th</sup>. Yep, that's the deadline that I need all remittance turned in by for 2019. I believe we can do it when we all work together for a goal.

And finally the last item is to remind the treasurers of the annual audit. Each unit is to have an audit every year and turn a copy of that audit into the district treasurer. Please contact me at [janelle@busyhands.biz](mailto:janelle@busyhands.biz) or 503-538-9401, to answer any questions or to get copies of forms. What will 2020 hold for us at Cascadia District? I don't know but I do know we will do mighty work.

Janelle Bolt  
Cascadia District Treasurer

## ***Program Resources/Education for Mission***

Hi, my name is Barbara Alexander, your new Mission Coordinator for Education & Resources. The time is drawing short to send in your Reading Program report to me. If you have a reporting form, fill it out and send it to me, if you don't just use a piece of paper and write down which plan you used: Plan I, 5 books, 1 from each category selected from the current reading list and regular reading of the Response magazine. Plan II, 10 books and 2 from each category and readings from Response & New World Outlook magazines. Plan III, 15 books, 2 books from each category, Plus 5 additional books from any category and the magazine readings. or Plan IV. 20 books 2 from each category, plus 10 additional books from any category and your magazine readings. Then write the name of the book or books you read and indicate if it under Education for Mission, Leadership Development, Nurturing for Community, Social Action and Spiritual Growth. Next your Name, Address, city, state, zip, Local Unit, District, and Conference. Send it to Barbara Alexander, 148 Bayview Way NE Apt 103, Salem, Or 97301. You can get selections from the current reading lists by:

[www.unitedmethodistwomen.org/readingprogram/plans](http://www.unitedmethodistwomen.org/readingprogram/plans)

I hope everyone has enjoyed their time reading the books of their choice, I know reading is very important to and I enjoy very much. Here are two books I am interested in reading: "How The Woman At The Well Became The Well Woman" Donna Rhodes and "Midnight Teacher" Janet Halfmann (Lilly Ann Granderson and her Secret School). The deadline date is December 31st.

May everyone have a Thankful and Safe Thanksgiving and a Blessed Christmas!

## ***Nominations Chairperson***

### **A Life Changing Opportunity!**

United Methodist Women is a change agent for the transformation of the world. United Methodist Women:

1. Equips women and girls to become leaders;
2. Provides educational experiences for women in order to transform the world;
3. Works for justice through service and advocacy;
4. Fosters spiritual growth to help women become more deeply rooted in Christ;
5. Puts faith, hope, and love into action.

This sounds exciting, doesn't it? We on the Committee on Nominations hope that many of you who have been active at the local level want to experience United Methodist Women at another level of involvement.

We prayerfully invite each of you to consider serving at the District level, either immediately, or in the near future. Currently there are opportunities to serve either on the Committee on Nominations or as Communication Coordinator. If you are interested in finding out more about these positions, please contact one of us.

The Committee on Nominations is also collecting names of women who might be willing to serve in a leadership role in the future. There is a form included in this newsletter that you are invited to fill out and send to one of us on the Committee on Nominations. Having a large list of women who are willing to serve enables us to match your gifts and talents to the leadership positions needed. Working together, Cascadia District UMW can effectively fulfill the Purpose of United Methodist Women.

We pray that God will nudge many of you to step forward and explore the opportunities of serving on the District Leadership team. Serving at the District level of UMW is a potential life changing opportunity! We look forward to hearing from many of you.

Blessings on each of you!

#### ***Cascadia District United Methodist Women Committee on Nominations***

|                       |  |              |
|-----------------------|--|--------------|
| Chris Mitchell, chair | <a href="mailto:cmitchel@cluge.com">cmitchel@cluge.com</a>       | 541-539-0367 |
| Linda Scheirman       | <a href="mailto:linda.kay@hotmail.com">linda.kay@hotmail.com</a> | 503-420-9040 |
| Sue Hicks             |  | 503-325-9013 |

Oregon Idaho United Methodist Women : Cascadia District  
 Every Woman's Leadership Potential

*"United Methodist Women depends on laywomen who use their God-given gifts to engage in God's mission in the world...United Methodist*



*Women elected leaders must be laywomen who are willing to commit their talents, time, energy and effort to serve God's mission."*

*United Methodist Women Handbook, 2013-2016; p. 25*

Date \_\_\_\_\_

|                 |   |                 |
|-----------------|---|-----------------|
| Name:           | Home Phone:   | Cell Phone:     |
| Address:        | Age (circle one)<br>Teens 20s 30s 40s 50s 60s 70s 80s |                 |
| Email:          | UMW District:   | UMW Local Unit: |
| Race/Ethnicity: | Language Spoken:                                      |                 |

|  |                         |   |                     |
|--|-------------------------|---|---------------------|
| <b>What areas of God's mission in the world is your passion/talent? Check all that apply</b> <input checked="" type="checkbox"/> |                         |   |                     |
| Accounting/Bookkeeping   | Global Missions         | Organization/Detail Management                |                     |
| Advocacy   | Inclusiveness/Pluralism | Prayer/Devotions                              | Women's Issues      |
| Books/Reading  | Membership Nurturing    | Program Planning                              | Writing/Newsletters |
| Children's Issues  | Membership Outreach     | Public Policy                                 | Writing/Other       |
| Community Building   | Membership Recruitment  | Public Relations/Publicity                    | Website talents     |
| Communication  | Music                   | Retreats                                      | Workshops           |
| Computer/Electronics/AV  | National/Local Missions | Secretarial/Record Keeping Young Women Issues |                     |
| Computer/Online/Internet   | Nominations             | Social Action/Issues                          | Youth/Youth Issues  |
| Language Skills  | Other:                  |   |                     |

|   |  |                  |                               |
|---|--|------------------|-------------------------------|
| <b>Which office(s) on the Local, District or Conference United Methodist Women's Team would you most like to hold, given the opportunity to serve? check all that apply</b> <input checked="" type="checkbox"/> |  |                  |                               |
| President   | Treasurer                                      | Social Action    |                               |
| Vice President  | Coordinator of Mission Education and Resources | Spiritual Growth | Communications                |
| Secretary   | Membership Nurture & Outreach                  | Nominations      | Mission u Dean/Assistant Dean |

Is it possible for you to be away from your home or employment for:  
 Full day? Yes/No      Weekend? Yes/No      Extended time? Yes/No

Please indicate the year(s) you would be available to accept an office. \_\_\_\_\_

## ***Shepherding Units 2019-2020***

|                   |  |
|-------------------|--|
| Barbara Alexander | Monmouth, Jefferson, Stayton                           |
| Janelle Bolt      | Tigard, Bay City, Grand Ronde, Tillamook               |
| Marilyn Edmunds   | Sherwood, Tualatin, Newberg                            |
| Sue Hicks         | Seaside, Nahalem Bay, Warrenton                        |
| Carly Hodge       | Forest Grove, Astoria, Las Naciones (Hillsboro), Banks |
| Penny Hodge       | Bend, Fossil, Madras, John Day                         |
| Chris Mitchell    | Salem 1 <sup>st</sup> , Keizer-Clear Lake, Wilsonville |
| Linda Scheirman   | Canby, Marquam, Woodburn                               |
| Norma Sohn        | McCabe, Mtn. Home, Morningside                         |
| Jane Storey       | Carus, Clarkes, Mollala, Oregon City                   |

## ***Upcoming Dates***

|                |                                  |                 |
|----------------|----------------------------------|-----------------|
| February 29    | Every Member Enrichment Event    | Tigard UMC      |
| March 28       | Every Member Enrichment Event    | Bend UMC        |
| April 4        | Every Member Enrichment Event    | Nehalem Bay UMC |
| April 17-19    | Western Jurisdiction             | Tempe, AZ       |
| April 24 or 25 | Spiritual Retreat                | TBD             |
| September 26   | Cascadia District Annual meeting | TBD             |