



February 2021

### **President's Message**

Cascadia District United Methodist Women members have much to celebrate. Let's look at some of the accomplishments of the last year:

- Local units are using Zoom or Google Meet to hold their local unit meetings.
- Several women from our District attended Mission U last summer and participated in the two studies, "Bearing Witness in the Kin-dom" and "Pushout: The Criminalization of Black Girls". The participants were engaged in a transformative educational experience, expanding concepts of mission.
- Local units are meeting virtually to hold book studies and discuss books from the United Methodist Women's Reading Program.
- Cascadia District officers continue to meet virtually to implement and plan programming for the district. These officers serve as shepherdesses reaching out to the local units to offer program assistance and education and faithfully give of their time and God given talents.
- We exceeded our District Pledge to Mission by over \$5,000.
- The "Every Member Enrichment Event" was held virtually to train local unit officers in their roles as officers in the local units.

Take a moment to reflect on the achievements of your local units. Brainstorm with members your unit to list these achievements and celebrate what you have done over the last year. You are faith, love and hope in action. Celebrate you!

See you on February 19<sup>th</sup> for our 2022 Every Member Enrichment Event!

Penny Hodge  
Cascadia District, President

## Vice President

Please see the flyer for Every Member Enrichment Event on February 19 starting at 10 AM. Kristina Gonzalez will be our speaker. She is the Director of Innovation for an Inclusive Church for the Greater Northwest Episcopal Area of the United Methodist Church. I will explain a little of what that means in a minute with her Biography. I got to know Kristina when I was at Great Spirit (formerly known as Wilshire) United Methodist Church. I am on the Conference "Committee on Race Relations". I have learned a great deal from her. See her Bio below:

"Kristina Gonzalez serves as Director of Innovation for an Inclusive Church for the Greater Northwest Episcopal Area of The United Methodist Church. She works to instill a culture of innovation among lay and clergy for the church's work in the world. She develops a curriculum and offers leadership development opportunities specializing in intercultural competency. Ms. Gonzalez is a Qualified Administrator in the Intercultural Development Inventory (IDI) and an Associate with the Kaleidoscope Institute for leadership in a diverse, changing world. She has served as faculty of the annual school for United Methodist supervising clergy for 18 years and consults and trains ecumenically in the field of intercultural competency.

Ms. Gonzalez has professional experience in the public and non-profit sectors working in the arts and human services. Her community service work includes eight years on the Curriculum Committee of Leadership Tomorrow, a community leadership program serving the greater Seattle area, and a term on the Board of Trustees. She served on the UM Connectional Table, the denomination's global leadership body from 2004-2008, and chaired the Washington Association of Churches for two terms. She serves on the Board of Directors for Bayview Retirement Center in Seattle.

Kristina resides in the Seattle area, where she takes advantage of the breathtaking beauty."

See you on February 19<sup>th</sup>!

Peace,  
Gloria Marple

Cascadia District United Methodist Women  
**Every Member Enrichment Event**  
February 19, 2022 - Starting at 10 AM



## **Lest We Forget...**

**Kristina Gonzalez**

*Director of Innovation for an Inclusive Church for the Greater Northwest Episcopal Area of the United Methodist Church*

- Feb 19 is the 75th Anniversary of Executive Order 9066 - incarceration of Japanese Americans during World War II. We will use this as a historical example of injustice based on identity
  - We will think about how the elements of this injustice are at work today and discuss thinking patterns that help us interrupt bias and more fully exemplify our call to love our neighbor.
  - We will also talk about Intercultural competency as a foundation for work of social justice and equity. This work is individual and societal. And we can all make a difference in our various spheres of influence.

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Kristina will be presenting at 10:30 AM with a welcome from our President Penny Hodge and a devotion beforehand. After the presentation we will break into groups to do some training for the various positions that a unit of United Methodist Women might have. There will also be a group led by Conference President Chris Mitchell about some of the work and changes happening in United Methodist Women. Look forward to seeing you!!

**Use this link to register** (you may need to copy and paste the link in your browser):

<https://docs.google.com/forms/d/1DBa6SyiPDaqLS5ksMzhLFM0XbG8udx02tFXAbkGDLaE/edit>

## **Treasurer's Report**



First, I would like to thank all the unit treasurers for the work you do. You help make my job easier.

Cascadia District pledged \$20,000 to the mission fund in 2021. In October it didn't look like we would meet or pledge, but 4th quarter remittances were amazing, and we ended up sending in \$25,240.20 for missions from our district. Thank you to all the UMW members who helped us meet our pledge to help women, children, and youth around the world. The Oregon-Idaho conference was able to send a total of \$96,571.39 to national for missions.

EMEE is coming up on February 19th. There will be a breakout session specifically for unit treasurers, so come with your questions. I will hopefully have answers. If any units have new treasurers, please let me know at the email address below.

Looking ahead, first quarter payments are due by March 4.

Hope to see many of you on Zoom for Every Member Enrichment Event Training.

Carolyn Forbes  
cfourforbes@gmail.com

## **Social Action**

The Ecumenical Ministries of Oregon Website contains a wealth of information about the subjects of interest to United Methodist Women. In addition to the meeting with legislators on Jan. 23, there are other programs addressing climate change and addressing the justice system. One program that I have registered for is the Green Circles discussion sessions of the book Becoming Rooted: 100 Days of Reconnecting with Sacred Earth by Dr. Randy Woodley. To register go to the EMO website: [Ecumenical Ministries of Oregon • Ecumenical Ministries of Oregon \(emoregon.org\)](https://www.emoregon.org)

Submitted by Jane Storey, Social Action

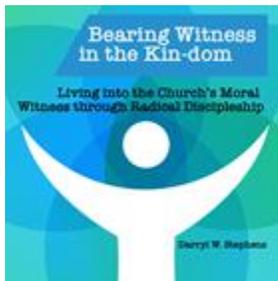
## Membership, Nurture and Outreach

### The "Kin"-dom of God

Recently our Canby Unit finished the 2021 UMW Spiritual Growth mission study, "Bearing Witness in the Kin-dom", by Darryl W. Stephens. In this study, Stephens reminds us that Jesus came (in His own words) to bring good news to the poor, release the captives, restore sight to the blind, and to let the oppressed go free! Sounds rather Wesleyan to me... Each person on this earth is bestowed worth by God's love. We are all God's children! So, we are siblings in the "Kin"-dom of God.

As United Methodist Women, we reach out to each other with "attentive listening" and "empathy". Mr. Stephens says that empathy is the door to God's divine love. To do this we need to make contact with each other! Like family, we visit each other, send cards, remember birthdays, call and LISTEN attentively. No matter how small your Church is, we are ALL special in God's sight!

I join in this witness. We take care of each other as we do our own family. God, as our loving parent, brings all humanity into familial relation. We are "kin" in Christ!



Sharon Perez  
Membership Nurture and Outreach Coordinator



## **Program Resources/Education for Mission**

Every Member Enrichment Event (EMEE) add the date February 19, 2022, come and join Methodist sisters for fellowship, training, a great program. As for myself, I will be showing and sharing eight certificates to the Tigard unit who participated in the 2021 Reading program. I hope more of you might join the reading program this year. If any unit has a problem, please contact by email and we can talk.

"NOTYOURPRINCESS; Voices of Native American Women", Edited by Lisa Charlieboy and Mary Beth Leatherdale

Whether looking back to a troubled past or welcoming a hopeful future, the powerful voices of the Indigenous women across North America resound in the collections of poems, essays, interviews and art. Stories of abuse, humiliation and being stereotyped are countered by the voices of passionate women making themselves heard and demanding change. Sometimes angry, often reflective, but always strong, the women in the book will give you insight into the lives of women who, for so long, have been virtually invisible,

"For Such a Time As This", Hope and forgiveness of the Charleston Massacre, by Rev. Sharon Rishon

Plunged into depths of mourning, anger and shock, the Rev. Sharon Risher could have wallowed in the pain of losing her mother and two cousins at the hands of White Supremacist during the Emanuel African Episcopal Church massacre. Instead, she chose the path of forgiveness and hope - eventually forgiving the convicted killer for his crime.

I hope these two books might entice a look at the reading book list. These are only two of such great books to read.

Peace and Love  
Barbara Alexander  
Program Resources/Education  
[barba@wvi.com](mailto:barba@wvi.com)

# TURN IT UP!



## Now is the time to plan to attend Assembly 2022

At [ASSEMBLY 2022](#) we will TURN IT UP! for spiritual healing and renewal.

We will TURN IT UP! for rebirth in a new time.

We will TURN IT UP! for women leaders.

We will TURN IT UP! for justice for women, children and youth

There are a few things you should know if you are thinking of attending either in person or virtually.

- [Registration](#) fee: \$330, which includes lunch on Friday and Saturday) Virtual Registration fee: \$235. Ubuntu Day of Service, additional cost of \$75, is May 19,2022.

- April 11, 2022: General and Virtual Registration Closes

*Can't join us in Orlando? Then join us from your living room! Assembly 2022 has both in-person and online experiences allowing even more women to participate and Turn it Up! Virtual attendees get access to all five Community Gatherings, one workshop on Friday and Saturday, exclusive behind-the-scenes speaker interviews, sisterhood networking, and more. Knowing you no longer pay for travel, hotel, and meals - this is a great bargain for the low price of \$235.*

*If you have questions, please contact Turella Woods, the Conference Assembly Liaison, at [turrellaw@gmail.com](mailto:turrellaw@gmail.com) or (503) 318-8711.*

Learn more about it [HERE](#) - including guest speakers, as they are announced.

# Spiritual Growth

This is the time of year our culture calls us to make promises about what and how we will improve ourselves and our lives in the new year. As you know, we call these New Year Resolutions. Here's an interesting statistic about how successful this practice is globally: only about 16 percent of the people are able to follow and accomplish their resolutions.

If you have been compelled to engage in this activity by making your own resolutions for 2022, Here are some recommendations to enhance the probability:

- set realistic goals,
- plan ahead, and
- have an accountability partner to encourage you and help you keep track your goal.

This concept aligns well with John Wesley's belief that we are "moving on to perfection" which may be a reference to Matthew 5:48 "*Be perfect, therefore, as your heavenly Father is perfect*".

The ongoing work of the Holy Spirit in our lives increasingly conforms our minds to the mind of Christ. John Wesley called this lifelong process sanctification; becoming "perfected in love." Sanctifying grace draws us toward Christian perfection, which Wesley described as a heart "habitually filled with the love of God and neighbor" and as "having the mind of Christ and walking as he walked."

In light of this understanding, I would like to offer this suggestion for you in 2022: Continue. Continue as Maya Angelou wrote so eloquently in this poem by the same name.

## "Continue" by Maya Angelou

*My wish for you  
Is that you continue*

*Continue  
To be who and how you are  
To astonish a mean world  
With your acts of kindness*

*Continue  
To allow humor to lighten the burden  
Of your tender heart*

*Continue  
In a society dark with cruelty  
To let the people hear the grandeur  
Of God in the peals of your laughter*

*Continue  
To let your eloquence  
Elevate the people to heights  
They had only imagined*

*Continue  
To remind the people that  
Each is as good as the other  
And that no one is beneath  
Nor above you*

*Continue*  
*To remember your own young years*  
*And look with favor upon the lost*  
*And the least and the lonely*

*Continue*  
*To put the mantel of your protection*  
*Around the bodies of*  
*The young and defenseless*

*Continue*  
*To take the hand of the despised*  
*And diseased and walk proudly with them*  
*In the high street*  
*Some might see you and*  
*Be encouraged to do likewise*

*Continue*  
*To plant a public kiss of concern*  
*On the cheek of the sick*  
*And the aged and infirm*  
*And count that as a*  
*Natural action to be expected*

*Continue*  
*To let gratitude be the pillow*  
*Upon which you kneel to*  
*Say your nightly prayer*  
*And let faith be the bridge*  
*You build to overcome evil*  
*And welcome good*

*Continue*  
*To ignore no vision*  
*Which comes to enlarge your range*  
*And increase your spirit*

*Continue*  
*To dare to love deeply*  
*And risk everything*  
*For the good thing*

*Continue*  
*To float*  
*Happily in the sea of infinite substance*  
*Which set aside riches for you*  
*Before you had a name*

*Continue*  
*And by doing so*  
*You and your work*  
*Will be able to continue*  
*Eternally.*

Submitted by Emilie Kroen, Spiritual Growth Coordinator

# GERTRUDE BOYD-CRANE SCHOLARSHIP

## SCHOLARSHIPS AVAILABLE

Women of Oregon-Idaho Conference who are pursuing **post-graduate studies for a vocation in the church** are invited to apply for the **Gertrude Boyd Crane Scholarship** for the 2022-2023 academic year. Information and the application form can be found on the United Methodist Women page of the Oregon-Idaho Conference United Methodist Church website: [umoi.org/cranescholarship](http://umoi.org/cranescholarship)

**The deadline for applications is March 1, 2022.**

Please share this with your church or anyone you know who may be pursuing a vocation in the church.

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## LEGACY BUILDER

### **Together, we are building our legacy**

A Legacy Builder moves forward the mission of United Methodist Women by making a monthly gift of \$18.69 or more to The Legacy Fund Endowment Campaign in honor of United Methodist Women's 150th anniversary. **Just as our foremothers invested in our future in 1869**, gifts to the campaign will ensure that United Methodist Women continues to prepare future generations of women to practice mutuality in mission, working to transform the lives of women, children and youth in deeper and even more impactful ways.

Click on the link below to make your donation.

[United Methodist Women - LegacyBuilder](#)

## UPCOMING DATES

**February 19**  
**Every Member**  
**Enrichment Event**  
**Guest speaker:**  
**Christine Gonzalez**

**Virtual**

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**September 24**  
**Cascadia District**  
**Annual Meeting**  
**TBD**

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## SHEPHERDING UNITS 2021-2022

**Barbara Alexander**  
Canby, Wilsonville

**Sue Chambers**  
Tualatin, McCabe

**Marilyn Edmunds**  
Newberg, Nehalem Bay

**Carolyn Forbes**  
Marquam, Woodburn

**Sue Hicks**  
Seaside

**Penny Hodge**  
Sherwood, Astoria

**Emilie Kroen**  
Bend, Madras

**Gloria Marple**  
Forest Grove, Tigard

**Sharon Perez**  
Salem Open Door  
Stayton

**Jane Storey**  
Carus  
Clarkes  
Mollala



**United  
Methodist  
Women**

FAITH • HOPE • LOVE IN ACTION