



News from and for Cascadia & Columbia District United Women in Faith

May 2023

Print a PDF copy of the Newsletter by clicking [HERE](#)



Purpose & Calendar
Spiritual Growth - Donna's Devotions
Program Resources - Clarice Kruschwitz
Education & Interpretation
Mission u
Cascadia/Columbia District Team
Ways to Stay Connected

Purpose

United Women in Faith shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Living The Vision

Turning faith, hope and love into action on behalf of women, children and youth around the world.

CALENDAR

May 10 Interfaith Advocacy Day sponsored by Ecumenical Ministries of Oregon
Jul 13-15 Mission u
Jul 28-30 Mission u
Sep 23 Cascadia/Columbia District Annual Meeting
Oct 21 OR-ID UWF Annual Meeting
You can always find the complete Conference Calendar with updates on our website at: <https://www.umoi.org/calendarofevents>



Donna's Devotions

The Power of Letters

As I read the letters or epistles from Paul to his early congregations, I am amazed at the power of a letter.

Written over 2,000 years ago, yet still carrying God's word in a fresh way, still spreading the good news and still relevant to our lives, if we but look.

Paul really brings it home in 2 Corinthians 3: 3 when he writes:

“Clearly you are a letter from Christ prepared by us. It is written not with pen and ink, but with the spirit of the living God. It is carved not on a stone, but on human hearts.”

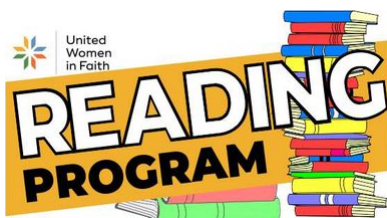
Here Paul tells us “you are a living letter...everyone can read.” Paul gives great encouragement to his congregation at Corinth and through the ages to us. Our church is filled with living letters to God. We all know those special angels of God that reside with us for too short a time, show us how to live a Christ life and then step through Heavens door. I am grieving one right now. Another way we write our letters is how we spend our time or how we spend our resources, giving back to God, sharing our God given abundance. By sharing our time, resources and lives we make a better life possible for others, so they can come to know the blessing of Jesus Christ.

How are you doing on your letter to God and neighbor?

“Precious Lord, bless all our efforts to be a good neighbor, to be a light for God and share our abundance. Help us write our letter of life bright and large so all can see. We have been given so much, all we need plus the blessing of the presence of your angels on earth and the Holy Spirit to sustain us. In Jesus' name. Amen.

Donna Metcalf

Columbia Spiritual Growth Coordinator



Spiritual Growth – 2023 Novel

Daughter of Cana: Jerusalem Road Book 1

by Angela Hunt

This is a story of Tasmine and her twin brother, Thomas, overseeing a wedding feast in Cana. She worries when the host runs out of wine – until a guest tells Tasmine to have the servants fill the pitchers by the gate with water from the cistern. She obeys, even though she is reluctant, but then amazed when it turns into wine! Thomas decides then to follow the teacher from Nazareth. Tasmine is upset that her twin brother is abandoning her and her father and tries to persuade him to stay. The story is about her journey to do whatever she must to mend their fractured relationship and to bring her brother home, along with the help from a group from Nazareth that is also wondering about this teacher. You will have to read the book to find out who is in the group from Nazareth.

Review by Clarice Kruschwitz



United
Women
in Faith

Education can transform women.
Educated women can transform the world.

You are responsible for the program at Unit Meeting and need a idea. Here is one that will get the women to open the Response Magazine and learn how much it has to offer.

Give each woman a Response Magazine. It does not matter the date on it. Ask each person to prose through the magazine and find an article that catches her attention. After ten minutes have each person read the excerpt, she found that interested her. It will be enlightening to hear how many different subjects are presented. Someone will tell of a leadership development event by a Regional Missionary in Sierra Leone or a neighborhood center will be featured with the endless services and opportunities it provides. Bright lights may inspire a new mission outreach or fund raiser for your unit. Maybe the Bible Study will encourage someone to present the study at your next meeting. The closing prayer may touch someone's heart. Once the women realize the variety of information, you can ask for a volunteer to review of an article in Response and share it at each of your unit meetings.

The main idea is to expose the woman to the vast realm of knowledge about United Women in Faith that is at their fingertips. Response Magazine has so much to offer. Open it up and READ.

Ingrid Cook, Conference Education & Interpretation



LIVING THE GOOD NEWS
Reflecting God's Love

MISSION U 2023 - via Zoom
This event is free and open to all

Mission U is right around the corner and it's a perfect opportunity to invite someone who has never attended and/or is not a part of United Women in Faith.

Dates are Thursday- Saturday July 13-15 or Friday-Sunday July 28-30.

Print, post, share and use the [attached flyer](#) to let others know about this wonderful learning opportunity. You can also access the registration link on the UWF website: <https://www.umi.org/umwmissionu>

Cascadia/Columbia (CC) District Executive Team 2023

Cascadia District

President - Gloria Marple
Secretary - Norma Sohn
Treasurer - Carolyn Forbes
Spiritual Growth - Linda Langham
Communications - Janelle Bolt
Nominations: Chair – Sue Chambers
Jane Storey

Columbia District

Vice President - Janice Stevens
Treasurer - Emilie Kroen
Spiritual Growth - Donna Metcalf
Social Action - Becky Warren
Program Resources - Clarice Kruschwitz
Nominations - Loretta Milton

You can contact anyone on the team by email at cascadiacolumbiauwf@gmail.com