



Oregon-Idaho Conference 2021 Unit Criteria For Putting Faith, Hope, Love and Joy Into Action

The purpose of the Healthy Vital Unit Program is to assist in program planning:

- Energize United Methodist Women to be more involved in Mission through prayer, study and action
- Increase contacts between local units, districts and conference offices so United Methodist Women have a firm understanding of the Purpose of United Methodist Women, resources available and current mission projects
- Encourage use of mission resources available through United Methodist women
- Expand concepts of mission, including social justice as mission

To be recognized as a Healthy Vital Unit, the unit is to complete a minimum of the following items:

Category	To Qualify as Faith	To Qualify as Hope	To Qualify as Love	To Qualify as Joy
A. Connection	4	5	6	6
B. Spiritual Growth	2	3	4	4
C. Education & Interpretation	2	3	4	4
D. Social Action	2	3	4	4
E. Membership Nurture and Outreach	2	3	4	4
Make and Meet Pledge 100% to Mission				100%

FAITH: Four (4) in the A (Connection) category and two (2) each from the categories B, C, D, and E

HOPE: Five (5) in the A (Connection) category and three (3) each from the categories B, C, D, and E

LOVE: Six (6) in the A (Connection) category and four (4) each from the categories B, C, D, and E

JOY: Units who made and paid their Pledge to Mission at 100%

A. Maintain connection to the organization and the Purpose of United Methodist Women

- Recite the PURPOSE at every unit meeting
- Make a unit Pledge to Mission and meet it
- Remit a minimum of 60% of funds raised each year to United Methodist Women
- Make contributions through all five avenues of mission giving:

Pledge to Mission	Special Mission Recognition	Gift to Mission
Gift in Memory	World Thank Offering	
- Use a minimum of two programs from the Program Book during the year including using virtual resources in person or virtual meetings
- Invite a district or conference officer, other than a member of the unit, to one of the unit meetings during the year in person or virtual meetings
- At least one member attends the district's Every Member Enrichment Event in person or virtual meetings
- At least one member attends the district's Annual Meeting in person or virtual meetings
- At least one member attends the conference's Annual Meeting in person or virtual meetings

B. Spiritual Growth

- Use the Prayer Calendar at each general meeting of the unit to pray for persons in mission and UMW mission projects.
- Unit programing includes a program to promote *A Call to Prayer and Self-Denial*.

___ Unit programing includes a program to promote the *World Thank Offering*.

___ Host or unit member(s) attend a spiritual growth retreat either in your unit or district.

___ Conduct or unit member(s) attend the Mission u Spiritual Growth Study.

C. Education and Interpretation

___ The unit general meeting includes a “response moment” when an item from *response* magazine will be shared to interpret Mission Giving.

___ At least two members participate in the Reading Program. **Faith Talks** can now be counted in the category of Spiritual Growth. You must participate or listen to two Faith Talks podcast. If you participate/listen to three, it will be counted as a Bonus Book in the Spiritual Growth category. Three movies also count: Just Mercy, The Hate You Give and Pushout

___ Using the Prayer Calendar, connect with a least one missionary and share any updates and newsletters from the missionary at general meeting.

___ Conduct UMW Sunday as an opportunity to share how the unit is involved with mission.

___ Conduct or unit member(s) attend the Mission u Geographic study

D. Social Action

___ Select a social action priority or priorities for the unit.

___ At least three times a year, the general meeting of the unit includes a Social Action Moment when a summary of an **Action Alert** from the *United Methodist Women’s Action Network* or another resource will be presented.

___ Unit member attend a UMW conference-sponsored *Legislative Event*.

___ Participation in a social action. Possible actions include:

- Letter-writing campaign directed at elected leaders to advocate for justice.
- Attend or host an issue education program or event.
- Attend or organize a prayer vigil or march.
- Correspond with an elected leader to advocate on a social action priority.
- Implement an action suggested in an Action Alert.

___ Conduct or unit members(s) attend the Mission u issue study.

___ Implement the Charter for Racial Justice in at least two ways during the year.

E. Membership Nurture and Outreach

___ Increase unit membership by one member for units with membership of fewer than 20 members and by at least two members for units with greater than 20 members.

___ Create a membership directory to facilitate caring for each other. It can include:

- Contact information for each member including their birthday
- Names of other family members living at home
- Future unit, district, conference or quadrennial events

___ Provide nametags for participants at unit gatherings

___ Conduct or unit member(s) attend an event with participants 40 years of age or younger

___ Reach out to home-bound or inactive members with visits, telephone calls, cards, or letters at least once during the year

Please complete this form and send it into your district MNO coordinator or your district president by January 31, 2022.