



# Oregon-Idaho Conference UWF Criteria for a Healthy Vital Unit

***United Women in Faith shall be a community of women whose purpose is; to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.***

Out of the Purpose are four mission foci that relate to the mission initiatives and priorities of United Women in Faith.

- To be a community of women
- To know God
- To develop a creative and supportive fellowship
- To expand concepts of mission

Note: The purpose of the Healthy Vital Unit Program is to assist in program planning for your circle or unit or to provide information to your district, if requested.

## **A. MAINTAIN CONNECTION TO THE ORGANIZATION AND THE PURPOSE OF UNITED WOMEN IN FAITH.**

- Recite the PURPOSE at every unit meeting.
- Make a unit Pledge to Mission and meet it.
- Make contributions through all five avenues of mission giving:
 

|                   |                             |                 |
|-------------------|-----------------------------|-----------------|
| Pledge to Mission | Special Mission Recognition | Gift to Mission |
| Gift in Memory    | World Thank Offering        |                 |
- Consider using programs from the UMW Program Book during the year.
- Invite your UNIT PARTNER, a district officer or conference officer, to be part of one of your unit meetings.
- Encourage members to attend the district’s Every Member Enrichment Event (EMEE).
- Encourage members to attend the district’s Annual Meeting.
- Encourage members to attend the conference’s Annual Meeting.

## **B. SPIRITUAL GROWTH**

- Use the Daily Prayer Guide as a resource to pray for persons in mission and UWF mission projects.
- Use resources for a program to promote *A Call to Prayer and Self-Denial*.
- Use programing ideas to promote the *World Thank Offering*.
- Encourage members to attend a UWF spiritual growth retreat either in your unit or district if available.
- Encourage members to attend Mission u.

### C. EDUCATION AND INTERPRETATION

- Share a “response moment” with an article from **response** magazine to educate the unit about Mission Giving.
- Encourage members to participate in the UWF Reading Program.
- Conduct a UWF Sunday as an opportunity to share how the unit is involved with mission.
- During a unit meeting have a book review from the UWF Reading Program.

### D. SOCIAL ACTION

- Select one social action priority from the list determined by National UWF.
- Encourage members to attend a UWF conference-sponsored *Legislative Event* for either Oregon or Idaho.
- At least three times a year during the general meeting of the unit, include a social action moment summary of an **Action Alert** from the *United Women in Faith Action Network* or another resource. To sign up for these alerts go to: [https://secure3.convio.net/umw/site/SPageNavigator/Social Action Alerts.html](https://secure3.convio.net/umw/site/SPageNavigator/Social_Action_Alerts.html)
- Participate in a social action which might include, to:
  - Communicate via email or letter directed to elected leaders to advocate for justice.
  - Attend or host an issue education program or event.
  - Attend or organize a prayer vigil or march.
  - Implement an action suggested in an Action Alert.
- Review the Charter for Racial Justice.

### E. MEMBERSHIP NURTURE AND OUTREACH

- Work to increase membership.
- Create a membership directory to facilitate caring for each other. It can include:
  - Contact information for each member including their birthday
  - Names of other family members living at home
  - Future unit, district, conference or quadrennial events
  - Reach out to home-bound or inactive members with visits, telephone calls, emails, cards, or letters at least once during the year.

Church \_\_\_\_\_ District \_\_\_\_\_ Unit \_\_\_\_\_

Completed By \_\_\_\_\_ Date \_\_\_\_\_